



WALKING & 10 MINUTE ZONE



GO FOR YOUR
GOAL

Travel to
Thornborough
Infant School



We are a family - we care,
nurture and support



Thornborough
Infant School

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Why walk to school?

Walking is a great way to get to school. You get plenty of fresh air and time to talk to your family. Maybe you could arrange to meet up with other families and walk with your friends.

Walking can be good to gather your thoughts and get you ready for the start of the day, or let off steam at the end.

Remember, if you're walking, you're exercising, which is good news for your health as well. And don't forget that walking is also good for the environment and helps cut congestion and pollution.

Travel plan aims at Thornborough Infant School

Our school has developed a travel plan to equip our young children with road safety. As we are a small school in a rural village, we don't see much traffic. However we live in a world where there is lots of traffic and we need to know that wherever we are, we are traffic and pedestrian aware. We are hoping to gain our Bronze Award in the Modeshifts Stars Award, and we are looking for ways to increase Park and Stride in our village. Already, we have a lot of our children walk, bike or scooter to school, and many of our families car share pick up and drop off. However, there are always ways in which we can improve and continue to raise awareness of sustainable travel habits.



When you walk
you are not putting
poisonous gasses
into the air.

Footsteps

Footsteps is a road safety training programme for young children, which develops awareness of roads and helps them live safely with traffic. Children are taken into the local area with a trained tutor to observe the traffic and discuss road safety. Parents, Grandparents and Carers can help us to deliver this training by volunteering to become a tutor. If you are interested in taking part and promoting this then please hand your name and contact details in at the School Office.



It's fun to
ride my scooter
to school

Park and Stride

Next time you drive, try to Park and Stride from the Methodist Chapel. You can park on the road, walk pass the pond, across the lovely bridge and pass the village hall to get to school. No roads to cross and some great opportunities to have a conversation with your child about the village along the way!

What about Wheels?

Many children enjoy scooting and cycling to school. If you do, please:

- Get trained – learn how to ride safely and keep control of your scooter or bike
- Protect your head – always wear a properly fitted helmet
- Be seen – make sure you wear bright, fluorescent and reflective clothing



Car Share

Car share refers to two or more people from outside the same family sharing their journey. This can help to cut congestion outside the school gates. Why not share your journey with another family.

Balanceability (have done level 1 and will be completing level 2 in Summer).

"I walk to
school because it
is good exercise
and I get to walk
with my friends"



Modeshift STARS

Modeshift STARS is a national schools award scheme, supported by the Department for Transport. The scheme recognises schools that demonstrate excellence in supporting cycling, walking and other forms of sustainable travel. There are three levels of accreditation – bronze, silver and gold. Find out more at www.modeshiftstars.org



Map >>>

Thornborough Infant School



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Good reasons to walk, cycle and scoot to school

Better health

Improved concentration on work

Social time with family and friends

Less pollution around the school

Save money on fuel costs

More awareness of road safety

Interaction with the local community

Improves overall mood

Reduces stress

Can be fun!



The Big Pedal

Every year we take part in this national scheme to encourage families to cycle or scoot safely to and from school. Over the two week event we count the number of children cycling and scooting and upload the results, joining hundreds of other schools around the country in **The Big Pedal Challenge.**